

Supplementary Table 4. Chi-square test for the number of comorbidities

Lifestyle factor	No. of comorbidities		χ^2 (p)
	0-2	≥ 3	
Vegetable consumption			
< 5 times/wk (n = 132)	114 (86.36)	18 (13.64)	2.95 (0.09)
≥ 5 times/wk (n = 99)	76 (76.77)	23 (23.23)	
Exercise			
< 3 times/wk (n = 166)	140 (84.34)	26 (15.66)	1.36 (0.24)
≥ 3 times/wk (n = 65)	50 (76.92)	15 (23.08)	

Values are presented as number (%).