

Supplementary Table 2. Newcastle–Ottawa Scale for cohort study quality

Study	Year	Selection			Demonstration that outcome of interest was not present at start of study	Comparability of cohorts on the basis of the design or analysis controlled for confounders	Outcome	
		Representativeness of the exposed cohort	Selection of the non-exposed cohort	Ascertainment of exposure			Assessment of outcome	Was follow-up long enough for outcomes to occur
Hanaoka et al. [21]	2010	☆	☆	☆	☆	☆	☆	☆
Han et al. [19]	2011	☆	☆	☆	☆	☆	☆	☆
Maehata et al. [26]	2012	☆	☆	☆	☆	☆	☆	☆
Iguchi et al. [22], Moribata et al. [23]	2016	☆	☆	☆	☆	☆	☆	☆
Kim et al. [25]	2016	☆	☆	☆	☆	☆	☆	☆
Han et al. [20]	2018	☆	☆	☆	☆	☆	☆	☆
Oura et al. [27]	2020	☆	☆	☆	☆	☆	☆	☆
Kato et al. [24]	2021	☆	☆	☆	☆	☆	☆	☆

A study can be given a maximum of one star for each numbered item.