

Supplementary Table 1. Composition of 50-item CGA-FI in this study

Hypertension (yes, 1; no, 0)
Diabetes mellitus (yes, 1; no, 0)
Chronic kidney disease (yes, 1; no, 0)
Atrial fibrillation (yes, 1; no, 0)
Angina pectoris (yes, 1; no, 0)
History of myocardial infarction (yes, 1; no, 0)
Congestive heart failure (yes, 1; no, 0)
Peripheral artery disease (yes, 1; no, 0)
Chronic obstructive pulmonary disease (yes, 1; no, 0)
Cerebral artery disease (yes, 1; no, 0)
History of stroke (yes, 1; no, 0)
Dementia (yes, 1; no, 0)
Sensory impairment (yes, 1; no, 0)
Depression (yes, 1; no, 0)
Anxiety disorder (yes, 1; no, 0)
Malignant disease (yes, 1; no, 0)
Arthritis (yes, 1; no, 0)
Spinal disease (yes, 1; no, 0)
Asthma (yes, 1; no, 0)
Fall history in previous 1 year (yes, 1; no, 0)
Polypharmacy (5 or more medications; yes, 1; no, 0)
Weight loss > 4.5 kg for previous 1 year (yes, 1; no, 0)
MMSE score (0.3 for 24–26, 0.7 for 21–23, 1 for 0–20)
Body mass index < 18.5 kg/m ² (yes, 1; no, 0)
Serum albumin level < 3.5 g/dL (yes, 1; no, 0)
Hand grip strength, kg (0 for ≥ 32, 0.5 for ≥ 26 and < 32, 1 for < 26 in men; 0 for ≥ 20, 0.5 for ≥ 16 and < 20, 1 for < 16 in women)
Usual gait speed, m/s (0 for ≥ 1, 0.3 for ≥ 0.8 and < 1, 0.7 for ≥ 0.6 and < 0.8, 1 for < 0.6)
Chair rise test time, sec (0 for < 11.2, 0.25 for ≥ 11.2 and < 13.7, 0.5 for ≥ 13.7 and < 16.7, 0.75 for ≥ 16.7 and < 61, 1 for ≥ 61)
Problems in dressing (yes, 1; no, 0)
Difficulties in washing (yes, 1; no, 0)
Difficulties in bathing (yes, 1; no, 0)
Problems in eating (yes, 1; no, 0)
Problems in moving in home (yes, 1; no, 0)
Toileting problems (yes, 1; no, 0)
Difficulties in using phone (yes, 1; no, 0)
Problems in buying groceries (yes, 1; no, 0)
Needs help in transportation (yes, 1; no, 0)
Needs help in managing medications (yes, 1; no, 0)
Difficulties in managing finances (yes, 1; no, 0)
Problems in preparing foods (yes, 1; no, 0)
Problems in performing basic household chores (yes, 1; no, 0)
Problems in washing clothes (yes, 1; no, 0)
Difficult to perform stooping, crouching, or kneeling (yes, 1; no, 0)
Difficult to lift or carry objects as heavy as 10 pounds (yes, 1; no, 0)
Difficult to write or handle and grasp small objects (yes, 1; no, 0)
Difficult to walk for 400 m (yes, 1; no, 0)
Difficult to reach or extend arms above shoulder level (yes, 1; no, 0)
Help needed to do heavy work around the house (yes, 1; no, 0)
Help needed to walk up and downstairs (yes, 1; no, 0)
Help needed to walk half a mile (yes, 1; no, 0)

CGA-FI, comprehensive geriatric assessment-frailty index; MMSE, Mini-Mental Status Examination.