

Supplementary Table 4. Relative changes in central fatness from baseline and risk of diabetes^a

Variable	No. of cases/total	OR (95% CI)		
		Unadjusted	Model 1 ^b	Model 2 ^c
Per 1 SD higher of relative change in WC	177/1,815	1.27 (1.08–1.48)	1.31 (1.11–1.53)	1.38 (1.16–1.64)
Per 1 SD higher of relative change in WHtR	177/1,815	1.25 (1.07–1.45)	1.29 (1.10–1.52)	1.38 (1.16–1.64)
Per 1 SD higher of relative change in BRI	177/1,815	1.19 (1.03–1.38)	1.24 (1.06–1.44)	1.32 (1.12–1.55)

OR, odds ratio; CI, confidence interval; SD, standard deviation; WC, waist circumference; WHtR, waist-height ratio; BRI, body roundness index.

^aRelative changes were calculated as the change scores divided by the baseline score.

^bAdjusted for age, sex, and body mass index.

^cAdjusted for age, sex, body mass index, history of smoking and drinking, disease status (hypertension, dyslipidemia and cardiovascular disease), systolic blood pressure, hemoglobin A1c, total cholesterol/high-density lipoprotein cholesterol, uric acid, C-reactive protein, and walking speed at baseline.